

FREEDOM RUN

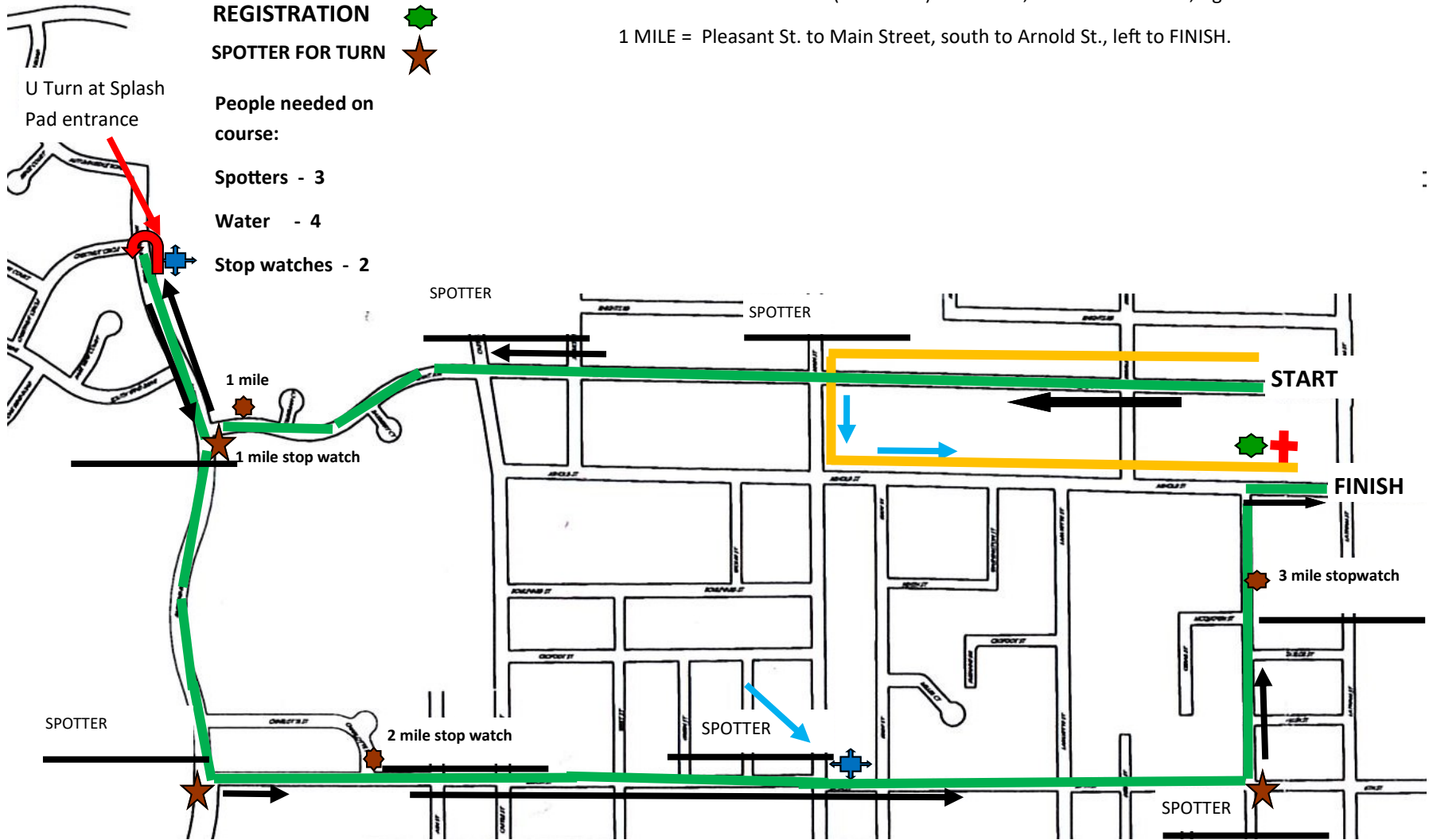
KNIGHTS PARK CORNER OF LATHAM & ARNOLD ST

Rev.5.22.15

- 5 K Race** █
- 1 Mile Run** █
- Water** ⊕
- First Aid** +
- REGISTRATION** ★
- SPOTTER FOR TURN** ★

5K = Pleasant St to Fairwind Blvd., north to dead end, U-Turn south to Lisbon St.
 East on Lisbon (6th Street) to Elm St. , left turn to Arnold, right turn to FINISH.
 1 MILE = Pleasant St. to Main Street, south to Arnold St., left to FINISH.

- People needed on course:**
- Spotters - 3
 - Water - 4
 - Stop watches - 2



SANDWICH PARK DISTRICT